Experts provide advice, important steps in selecting secure passwords

by Gabby Christensen

Securing sensitive information is always a top priority for business owners and strong security starts with strong passwords, according to experts.

Robert LaMagna-Reiter, senior director of information security at FNTS, formerly First National Technology Solutions, said there are both common and easy tips users can utilize to ensure they’ve selected a secure password.

LaMagna-Reiter said passphrases are typically composed of multiple words and are much longer than typical passwords, making it nearly-impossible for someone to randomly guess a password or launch a brute-force attack against it.

According to LaMagna-Reiter, a password manager, which manages all passwords so the user only needs to remember one strong password, is also recommended.

In addition, LaMagna-Reiter said one should never reuse passwords and should always change passwords every 90 days.

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